Focus on Adult Health Medical-Surgical Nursing

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Role
Editor: L. Honan Pellico
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Description/Summary
Cynthia Bautista is a contributing author, "Chapter 46 Nursing Management: Patients with Neurologic Disorders."

Christa Esposito is a contributing author, "Nursing Management: Patients with sexually transmitted infections", Chapter 35.

Book Description: Focus on Adult Health: Medical-Surgical Nursing, is uniquely designed to prepare today's students to succeed as practicing nurses by focusing on the most important medical disorders and key nursing responsibilities. "As the demand for nurses continues to grow, new nurses are entering a dynamic and challenging work environment, and many feel unprepared," said Linda H. Pellico, RN, PhD, the lead author and editor of the textbook. "We developed this textbook and related tools to prepare students for the reality of medical-surgical nursing. We need to teach students how to think like a nurse, and how to focus quickly on the most critical aspects. Beyond taking care of what you see, nursing is about predicting and preventing risks, so this book details risk factors, clinical presentation, and treatment."

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Comments
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Medical-surgical nursing is the foundation of all nursing practice. Medical-surgical nurses are the largest group of practicing professionals. Med-surg nurses are always in motion physically, clinically, intellectually, and emotionally. They are the health care professionals who are coordinating care for patients 24/7. Many nursing specialties require similar skill sets, but it is the intense level of coordination from the time patients arrive on the unit until after they leave – including post-discharge considerations like transportation and home health care – that distinguishes med-surg nursing. There’s another unique aspect of the specialty: med-surg nurses are well educated in the workings of all body systems and are also familia