My Breast Choice YouTube channel is my personal journey with the BRCA 1 mutation, my surprise diagnosis of breast cancer. I will be sharing tips I learned while recovering, talking candidly in Vlogs, and giving you an inside look at my life as I go through reconstructive surgery and Chemotherapy. If you find this video helpful, please Like it, Share it, and Subscribe. See the Whole Blog at http://www.MyBreastChoiceShow.com. Also, donate to http://www.GoFundMe.com/MyBreastChoice to help make the “I Don’t Have Cancer” Documentary a reality. To stay up to date with all of the latest news about this journey go like http://www.Facebook.com/MyBreastChoice and follow on Twitter and Instagram @AnielaMcG.

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I started with the breasts, as my risk of breast cancer is higher than my risk of ovarian cancer, and the surgery is more complex. On April 27, I finished the three months of medical procedures that the mastectomies involved. During that time I have been able to keep this private and to carry on with my work. I acknowledge that there are many wonderful holistic doctors working on alternatives to surgery. My own regimen will be posted in due course on the Web site of the Pink Lotus Breast Center. I hope that this will be helpful to other women. Breast cancer alone kills some 458,000 people each year, according to the World Health Organization, mainly in low- and middle-income countries.